



CARROLL INSTITUTE PROJECT AWARENESS



KATE TELKAMP, MS, ACT

ABOUT ME

My name is Kate Telkamp and this is my fifth year as the Prevention Counselor in the Brandon Valley School District. I have a Bachelor's degree in Human Development and Family Studies and a Master's Degree in School Counseling, both from SDSU. I am currently an Addiction Counselor Trainee (ACT) and am working toward becoming a Licensed Addiction Counselor (LAC).

I live in Sioux Falls with my two children who I adopted in May 2021. I enjoy reading, doing puzzles, being with family and friends and trying new restaurants.

I can be reached at
ktelkamp@carrollinstitute.org
605-275-1321



SERVICES PROVIDED:

I am available to provide a variety of services with all age groups. Some of these services include:

- Classroom education focusing on vaping, substance abuse awareness, social emotional skills and other topics as requested.
- Individual sessions with students that are using or at risk of using substances.
- Individual sessions for students struggling with academic or social/emotional needs.
- Substance use screenings/assessments to determine if a student is in need of further treatment or prevention services. Referrals can come from the student, school staff, probation/courts or parents.
- Small group sessions to connect students dealing with similar issues.
- Community presentations on substance use and social/emotional skills.
- School-wide events to raise awareness about substance abuse and social/emotional issues.
- Advising student leader groups such as TATU (Teens Against Tobacco Use) & SADD (Students Against Destructive Decisions)

It is our policy at Carroll Institute to obtain a Release of Information from any student 14 years or older. These students are able to complete their own substance use screening or assessment paperwork and must give their permission for us to share information with outside parties (including school staff and parents). Any student under the age of 14 will need to have a parent or guardian complete initial screening or assessment paperwork.

